Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS

Claim 1 (currently amended) A belt <u>and container assembly</u> for holding and supporting items for a user comprising:

an outer belt surface;

an inner belt surface opposite said outer belt surface; and

a <u>plurality of</u> first portions of a <u>selectively releasable closure element plurality of</u>

<u>directional fasteners</u> traversing said outer belt surface and engaging said inner belt surface-; and

a container having a flexible side, wherein said flexible side incorporates a plurality of second portions of said plurality of directional fasteners to form a plurality of engagements to said plurality of first portions, said plurality of second portions positioned with respect to one another so as to require a predetermined disengagement motion to disengage said plurality of first portions from said plurality of second portions.

Claims 2-6 (canceled)

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Claim 7 (currently amended) The belt <u>and container assembly</u> according to claim 6 1 wherein said container stores items including, but not limited to personal digital assistants, notebook computers, wireless telephones, wireless pagers, portable music players, software, paper products, writing utensils, change purses, wallets, eyewear, protective devices, and keys.

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Claims 8-13 (canceled)

Claim 14 (currently amended) The belt <u>and container assembly</u> according to claims 7 or 13 1 wherein said container further includes a closure.

Claim 15 (currently amended) The belt <u>and container assembly</u> according to claim 14 wherein said closure comprises a flap cover or a zipper.

Claim 16 (currently amended) The belt <u>and container assembly</u> according to claim 15 wherein said flap cover releasably engages said container.

Claim 17 (canceled)

Claim 18 (currently amended) The belt <u>and container assembly</u> according to claim <u>17 16</u> wherein said container is <u>selectively released disengaged</u> from said belt while said belt is worn by said user.

Claim 19 (canceled)

Claim 20 (currently amended) The belt <u>and container assembly</u> according to claim 47 <u>1</u> wherein said <u>selectively releasable attachment plurality of engagements</u> resists inadvertent release by said user of said container from said belt.

Claim 21 (currently amended) The belt <u>and container assembly</u> according to claim 20 wherein said container further includes an access slot.

Claim 22 (currently amended) The belt <u>and container assembly</u> according to claim 21 wherein said access slot provides access to said items.

Claim 23 (currently amended) A method for selectively releasably attaching a container to a belt, said method comprising the steps of:

providing a <u>plurality of first portions</u> of a three way fastener <u>plurality of directional</u> fasteners to a belt;

providing a <u>plurality of second portions</u> of a three-way fastener <u>plurality of directional</u> fasteners to a container; and

engaging said <u>plurality of first portions</u> and said <u>plurality of second portions</u> in <u>to form</u> a <u>plurality of engagements to said plurality of first portions</u>, said <u>plurality of second portions</u> <u>positioned with respect to one another so as to require a predetermined disengagement motion</u> to disengage said <u>plurality of first portions from said plurality of second portions</u>.

Claim 24 (canceled)

Claim 25 (currently amended) The method according to claim 24 23 wherein said container is selectively released disengaged from said belt while said belt is worn by said user.